

| 30 km | Selite | Km | 50 km | Selite | Km | 75 km | Selite | Km | 100 km | Selite | Km |
|-------|--------------|------|-------|--------------|------|-------|--------------|------|--------|--------------|-------|
| Lähtö | Hallin pääty | 0 | Lähtö | Hallin pääty | 0 | Lähtö | Hallin pääty | 0 | Lähtö | Hallin pääty | 0 |
| 30 | Risteys | 1.5 | 30 | Risteys | 1.5 | 30 | Risteys | 1.5 | 30 | Risteys | 1.5 |
| 31 | Risteys | 3.3 | 31 | Risteys | 3.3 | 31 | Risteys | 3.3 | 31 | Risteys | 3.3 |
| 32 | Risteys | 5.8 | 32 | Risteys | 5.8 | 32 | Risteys | 5.8 | 32 | Risteys | 5.8 |
| 33 | Risteys | 7.0 | 33 | Risteys | 7.0 | 33 | Risteys | 7.0 | 33 | Risteys | 7.0 |
| 34 | Lähde | 8.2 | 34 | Lähde | 8.2 | 34 | Lähde | 8.2 | 34 | Lähde | 8.2 |
| 35 | Mutka | 12.8 | 35 | Mutka | 12.8 | 35 | Mutka | 12.8 | 35 | Mutka | 12.8 |
| 36 | Laavu | 14.6 | 36 | Laavu | 14.6 | 36 | Laavu | 14.6 | 36 | Laavu | 14.6 |
| 37 | Laavu | 16.5 | 37 | Laavu | 16.5 | 37 | Laavu | 16.5 | 37 | Laavu | 16.5 |
| 38 | Risteys | 19.5 | 38 | Risteys | 19.5 | 38 | Risteys | 19.5 | 38 | Risteys | 19.5 |
| 39 | Ranta | 24.5 | 39 | Ranta | 24.5 | 39 | Ranta | 24.5 | 39 | Ranta | 24.5 |
| Maali | Muistomerkki | 27.4 | 50 | Risteys | 28.0 | 50 | Risteys | 28.0 | 50 | Risteys | 28.0 |
| | | | 51 | Risteys | 31.2 | 51 | Risteys | 31.2 | 51 | Risteys | 31.2 |
| | | | 52 | Risteys | 32.9 | 52 | Risteys | 32.9 | 52 | Risteys | 32.9 |
| | | | 53 | Risteys | 35.2 | 53 | Risteys | 35.2 | 53 | Risteys | 35.2 |
| | | | 54 | Risteys | 37.7 | 54 | Risteys | 37.7 | 54 | Risteys | 37.7 |
| | | | 55 | Risteys | 39.8 | 55 | Risteys | 39.8 | 55 | Risteys | 39.8 |
| | | | 56 | Kahvila | 40.7 | 56 | Kahvila | 40.7 | 56 | Kahvila | 40.7 |
| | | | 57 | Risteys | 43.3 | 57 | Risteys | 43.3 | 57 | Risteys | 43.3 |
| | | | 58 | Risteys | 45.7 | 58 | Risteys | 45.7 | 58 | Risteys | 45.7 |
| | | | 59 | Ranta | 47.3 | 70 | Niemi | 49.0 | 70 | Niemi | 49.0 |
| | | | Maali | Muistomerkki | 49.4 | 71 | Risteys | 52.7 | 71 | Risteys | 52.7 |
| | | | | | | 72 | Niemi | 55.7 | 72 | Niemi | 55.7 |
| | | | | | | 73 | Lintutorni | 58.3 | 73 | Lintutorni | 58.3 |
| | | | | | | 74 | Risteys | 59.9 | 100 | Risteys | 62.1 |
| | | | | | | 75 | Rakennelma | 64.4 | 101 | Risteys | 66.4 |
| | | | | | | 76 | Risteys | 65.2 | 102 | Risteys | 69.0 |
| | | | | | | 77 | Tulipaikka | 67.1 | 103 | Risteys | 72.8 |
| | | | | | | 59 | Ranta | | 104 | Keittokatos | 76.1 |
| | | | | | | Maali | Muistomerkki | 71.6 | 105 | Risteys | 78.4 |
| | | | | | | | | | 106 | Risteys | 81.9 |
| | | | | | | | | | 107 | Kota | 85.6 |
| | | | | | | | | | 108 | Risteys | 87.9 |
| | | | | | | | | | 109 | Ranta | 91.0 |
| | | | | | | | | | 75 | Rakennelma | 93.9 |
| | | | | | | | | | 76 | Risteys | 94.7 |
| | | | | | | | | | 77 | Tulipaikka | 96.6 |
| | | | | | | | | | 59 | Ranta | |
| | | | | | | | | | Maali | Muistomerkki | 100.7 |

| 130 km | Selite | Km | 160 km | Selite | Km |
|--------|--------------|-------|--------|--------------|-------|
| Lähtö | Hallin pääty | 0 | Lähtö | Hallin pääty | 0 |
| 30 | Risteys | 1.5 | 30 | Risteys | 1.5 |
| 31 | Risteys | 3.3 | 31 | Risteys | 3.3 |
| 32 | Risteys | 5.8 | 32 | Risteys | 5.8 |
| 33 | Risteys | 7.0 | 33 | Risteys | 7.0 |
| 34 | Lähde | 8.2 | 34 | Lähde | 8.2 |
| 35 | Mutka | 12.8 | 35 | Mutka | 12.8 |
| 36 | Laavu | 14.6 | 36 | Laavu | 14.6 |
| 37 | Laavu | 16.5 | 37 | Laavu | 16.5 |
| 38 | Risteys | 19.5 | 38 | Risteys | 19.5 |
| 39 | Ranta | 24.5 | 39 | Ranta | 24.5 |
| 50 | Risteys | 28.0 | 50 | Risteys | 28.0 |
| 51 | Risteys | 31.2 | 51 | Risteys | 31.2 |
| 52 | Risteys | 32.9 | 52 | Risteys | 32.9 |
| 53 | Risteys | 35.2 | 53 | Risteys | 35.2 |
| 54 | Risteys | 37.7 | 54 | Risteys | 37.7 |
| 55 | Risteys | 39.8 | 55 | Risteys | 39.8 |
| 56 | Kahvila | 40.7 | 56 | Kahvila | 40.7 |
| 57 | Risteys | 43.3 | 57 | Risteys | 43.3 |
| 58 | Risteys | 45.7 | 58 | Risteys | 45.7 |
| 70 | Niemi | 49.0 | 70 | Niemi | 49.0 |
| 71 | Risteys | 52.7 | 71 | Risteys | 52.7 |
| 72 | Niemi | 55.7 | 72 | Niemi | 55.7 |
| 73 | Lintutorni | 58.3 | 73 | Lintutorni | 58.3 |
| 100 | Risteys | 62.1 | 100 | Risteys | 62.1 |
| 101 | Risteys | 66.4 | 101 | Risteys | 66.4 |
| 102 | Risteys | 69.0 | 102 | Risteys | 69.0 |
| 103 | Risteys | 72.8 | 103 | Risteys | 72.8 |
| 104 | Keittokatos | 76.1 | 104 | Keittokatos | 76.1 |
| 105 | Risteys | 78.4 | 105 | Risteys | 78.4 |
| 106 | Risteys | 81.9 | 106 | Risteys | 81.9 |
| 107 | Kota | 85.6 | 107 | Kota | 85.6 |
| 108 | Risteys | 87.9 | 108 | Risteys | 87.9 |
| 109 | Rata | 91.0 | 109 | Rata | 91.0 |
| 75 | Rakennelma | 93.9 | 75 | Rakennelma | 93.9 |
| 76 | Risteys | 94.7 | 76 | Risteys | 94.7 |
| 77 | Tulipaikka | 96.6 | 77 | Tulipaikka | 96.6 |
| 130 | Risteys | 103.9 | 130 | Risteys | 103.9 |
| 131 | Sähkölinja | 106.0 | 131 | Sähkölinja | 106.0 |
| 132 | Puro | 109.1 | 132 | Puro | 109.1 |
| 133 | Risteys | 114.0 | 133 | Risteys | 114.0 |
| 134 | Niemi | 116.7 | 134 | Niemi | 116.7 |
| 135 | Aidan kulma | 117.8 | 135 | Aidan kulma | 117.8 |
| 136 | Risteys | 121.7 | 136 | Risteys | 121.7 |
| 137 | Risteys | 125.9 | 137 | Risteys | 125.9 |
| 138 | Risteys | 132.3 | 74 | Risteys | 133.0 |
| Maali | Muistomerkki | 134.4 | 160 | Risteys | 135.1 |
| | | | 161 | Sähkölinja | 138.6 |
| | | | 162 | Risteys | 141.3 |
| | | | 163 | Risteys | 145.3 |
| | | | 164 | Risteys | 147.5 |
| | | | 165 | Risteys | 155.4 |
| | | | 166 | Risteys | 156.5 |
| | | | 167 | Risteys | 160.9 |
| | | | Maali | Muistomerkki | 161.9 |